

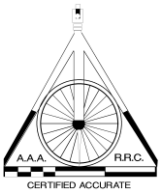
New Marske Harriers

coast Road RACES 5k 2010

Spring - Wed 21st Apr

Summer - Wed 23rd June

Autumn - Wed 1st Sept



Licence Number app for



Race Start Time:

7.00pm

Entries - On the night only

£5 Please quote EA registration Number
*Extra £2 for Non EA registered

5k course consists
2 laps of traffic free
paved paths & is
completely flat.

Venue:

Registration, Changing
and Prize Giving is at:

**Redcar Rugby Club,
Green Lane
Redcar**
(Off A1085 Coast Road)

Note the rugby club is
~ 1/2 mile from start-finish

Prizes & Awards

For the 5k race prizes will be awarded to the top 25
using WAVA Age Related calculation that takes age &
gender into account. Plus spot prizes for those who
finish 50th, 75th & 100th in the age related order.

Printed Results available free at prize giving and on the
club website www.new-marske-harriers.co.uk

For further info:

Phone Brian Titely
01642 324596

Minimum Age:

15 years on day of race.

Part of the  Series